

Are you passionate about inspiring personal and professional development for people you work with?

Do you coach and counsel others in their personal and professional development?

Do you lead organizations through change?

Do you enable people to achieve their goals by helping them understand their behaviour?

Would you like to acquire more professional tools to help you coach and counsel effectively?

If so,

- **Invest** in your Continuing Professional Development (CPD).
- **Learn** to work with the Functional Fluency model and the related TIFF personal development tool.
- **Optimize** your talents as a coach, counsellor, consultant, trainer, mentor, educator or therapist.

The Essence

Coaching and counselling effectively with Functional Fluency and TIFF®

The Foundation ► well-founded and validated

- Functional Fluency and TIFF provide a sound base for (inter)personal effectiveness and Fluent (Self-) Leadership development.
- By using Functional Fluency you will gain insight into your own behavior and the behavior of the people you coach and counsel.
- In addition, you will learn to fluently change your own ineffective behavior into effective behavior and inspire others to do the same.
- Functional Fluency and TIFF® are excellent starting points for coaching, mentoring and training.

Our Methods ► interactive and practical

- Our training is based on the Functional Fluency model and the validated TIFF® tool.
- We enhance your learning by integrating theory and practice in an interactive and flexibly designed program to meet your needs.
- We use TIFF® profiles for you to fully understand the impact of Functional Fluency and teach you - step-by-step - how to conduct a TIFF® feedback session with your own clients.
- We provide group supervision and use 'Buddy assignments' (in pairs) to reflect on learning experiences between training modules.

Your Benefits ► personal and professional

- You will be able to reinforce your own (inter) personal effectiveness and that of the people you coach and counsel.
- You will learn how to effectively meet the coaching and training needs of your clients.
- You will recognize ineffective and obstructive behaviors at an early stage and be able to turn these behaviours around effectively.
- You will become a licensed TIFF Provider and be able to apply Functional Fluency and TIFF® effectively in your respective professional context.



Leona Bishop MSc

*Functional Fluency Coordinator in the Caribbean
TIFF®-provider and trainer*

Over 20 years of international experience in leadership, team, and organizational development both in the public and private sectors, Leona has a wide applicable knowledge of different approaches. She has completed training in Neuro Linguistic, programming, Systemic Work and Group Dynamics. She is a certified Enneagram Coach, a Licensed TIFF® Provider and an advanced trainee in Transactional Analysis. Leona is also trainer for Functional Fluency & TIFF®.

"Working with Functional Fluency and TIFF® has greatly increased her own personal and professional effectiveness. She wants to share her learning and enable coaches and counsellors throughout the Caribbean to continue to grow in their professional roles. As she is passionate about improving individual and collective well-being, she wants to contribute to the world by spreading the use of Functional Fluency in organizations, teams, groups and individuals, and providing TIFF® as a tool for increasing success and satisfaction both personally and professionally."



The benefits of TIFF[©]

For individuals and professionals

- Be yourself in every role you fulfil.
- Improve your personal leadership.
- Increase your range of options for effective action.
- Improve your ability to reflect on your own attitudes and behaviour.
- Impact and influence your environment positively.

For leaders

- Become more confident when interacting with others.
- Guide and direct yourself and others positively.
- Create a safe and inspiring environment for others.
- Empower and support the people you lead.
- Develop into the leader people love to have in charge.

For teams

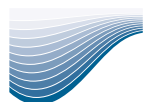
- Deal with differences successfully.
- Optimize individual and team strengths significantly.
- Increase mutual commitment profoundly.
- Organize the flow of communication effectively.
- Build high performing, can-do team members.

For parents and teachers

- Enhance your parenting and teaching effectiveness.
- Build positive relationships with children and students.
- Provide appropriate care and structure for healthy self-esteem.
- Give warmth and affection with firm clear expectations and boundaries.
- Create a secure base and challenge to unleash potential

Curious?

Check out our website for detailed information about Functional Fluency & TIFF[©]. Call or email us for a no obligation introductory meeting.



**Functional
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Caribbean**

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Coaching and Counselling Effectively

with
Functional Fluency

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