



Functional  
Fluency  
Caribbean



1<sup>st</sup> group of licensed TIFF<sup>®</sup> Providers  
in the Caribbean



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Trainer and Coordinator in the  
Caribbean

# Maximize your effectiveness in all areas of your life

Functional Fluency Caribbean is proud of the first 8 Curaçao-based professional coaches who have successfully completed the international Functional Fluency and TIFF<sup>®</sup> Provider Licensing Training. This training provides coaches, counsellors, trainers, mentors, consultants and psychotherapists with an effective model and a validated behavioral tool (TIFF<sup>®</sup>) to guide leaders, teams, professionals and individuals in their professional and personal growth.

Functional Fluency, created by Susannah Temple, is about building effective relationships. It is a model for understanding how people behave, and a practical framework to help them 'respond' more and 'react' less. The Temple Index of Functional Fluency (TIFF<sup>®</sup>) is a personal development tool based on the Functional Fluency model.

TIFF<sup>®</sup> gives a clear insight into how a person divides his or her energy over nine modes of behavior and how effective that person is. The leading question is: **"Do I and others benefit and am I achieving my goals"?**

This simple and practical tool helps you to become aware of your own life story and beliefs that are holding you back, and how you can move beyond these limiting stories to more accurate and empowering ones. You will be able to see how you can create space to work on your personal and professional growth by actively and consciously identifying and letting go of ineffective behavior and choosing to use effective behavior to achieve what is important to you and others. You can learn how to maximize your behavior in all areas of your life.

#### **Functional Fluency and TIFF<sup>®</sup>:**

- promote the self-awareness and understanding that enhances emotional literacy.
- is a valuable tool for consultants, trainers, counsellors, coaches, mentors and psychotherapists.
- is being used with leaders & managers, teams & staff groups, teachers & students, and parents & children.
- provides an innovative framework to help people bring about positive change.

In short, an effective gift for personal development, leadership development, team development and all places where people work together and live together.

**For news and more information about the Functional Fluency & TIFF Providers Licensing Training in the Caribbean, please go to:**

<https://www.facebook.com/ffcaribbean.net/> or  
[www.ffcaribbean.net](http://www.ffcaribbean.net)

You can email your questions to: [info@ffcaribbean.net](mailto:info@ffcaribbean.net)